



Fall 2011

Dear Sea Lion's Swim Team Families,

Welcome back to Penn State Harrisburg for another year of age group swimming!

As you begin your swimming season we would like to take this opportunity to remind you of some important policies and rules that are in effect on the Penn State Harrisburg Campus and in the Capital Union Building, home of the Aquatics Center.

- All swim team members will be issued a swipe card and must swipe to enter the building. Also, please remember that the cost to replace a lost or stolen swipe card is \$5.00. Swipe cards from last year can be re-programmed at a cost of \$2.00 each. **NEW:** We will only be charging \$2/card/year (Jan-Dec) for re-coding. We will be charging for the ones we do now, and any that swim with the Hummelstown Flamingos in the Spring will not need to pay again this year (2011).
- Parents may walk their child through the locker room and to the pool entrance door **but they are not permitted in the pool area at any time, prior to, during, or following practice.** Swim team participants and parents may not wait and/or sit in the "wet corridor" during swim team practice and/or swim meets. We are required to keep this hallway accessible to emergency personnel.
- If you are not a Fitness Center Member **your access to the CUB is limited exclusively to the lobby area and the "dry corridor" area between the locker rooms and racquetball courts.** These areas offer seating for you while you wait for your child. Unauthorized access to all other areas in the building, including the gym, is not permitted.
- Swimmers, parents and coaches need to understand that un-sportsmanlike conduct will not be tolerated at any time and is cause for ejection from the CUB.
- Penn State Harrisburg is not responsible for personal belongings brought into the CUB at any time. Personal locks may be used on available lockers on a daily basis only. It is recommended that valuables not be brought to the CUB.
- "Healy Shoes" may not be used anywhere, anytime in the CUB. This goes for swimmers, siblings, and adults.
- For your convenience, swim caps, towels and goggles will be available for your purchase at the CUB Desk.

Thank you for your cooperation with the policies and rules outlined above. We are confident that these policies and rules will help to ensure a safe and enjoyable swim team season for you and your child while at Penn State Harrisburg. Please feel free to contact us with any questions or concerns that may arise during the season.

Craig Merkey, Aquatic Coordinator
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**Sea Lion's Swim Team
Winter 2011 – 2012
Training at Penn State Harrisburg Aquatics Center**

Permission Statement and Waiver of Liability

This is to confirm that the swimmer named below has my permission to participate in the Sea Lion's Swim Team training program. It is understood that the Sea Lion's Swim Team and Penn State Harrisburg do not provide hospitalization and medical insurance and are not legally responsible for any injury or death to a participant in the Sea Lion's Swim Team training program and meets for the season stated.

Please check the appropriate information below:

The child named below is covered under our family hospitalization and medical insurance.

We have no hospitalization or medical insurance to cover our child. Therefore, in the absence of family insurance coverage, the parent/guardian will assume the responsibility in case of injury or death. I hereby relieve the Sea Lion's Swim Team, Penn State Harrisburg and the respective personnel of each from responsibilities in case injury or death should occur.

I give my permission for _____ to be treated in my absence for any emergency.
(Child enrolled)

Further, I hereby waive any claim for bodily injury, or death, or property damage against the Sea Lion's Swim Team, Penn State Harrisburg and the respective personnel of each while the above-named swimmer is a participant during the Sea Lion's Swim Team practice sessions at Penn State Harrisburg.

Parent/Guardian Signature: _____ Date: _____

This form must be returned prior to your child's participation in the Sea Lion's practice sessions.